



WHOLE-SCHOOL PACKAGE

Our schools are currently paying a one-time \$5000 program fee, which includes online access to our full curriculum for the *entire* faculty and staff, as well as training. Please see below for details.

\$5000 Program Fee includes:

My School in Motion! Program Curriculum (**NOTE:** All materials are available online and accessible to the *entire* faculty and staff)

Comprehensive Program Manual (downloadable .pdf file) includes:

- Program Overview
- 180 Daily Movement and Learning Plans (plus 18 Special Theme Days) (“Dailies”)
- Written Instructions for 70 Movement Routines
- Video instructions for 70 movement routines and *fundamental* program movement components
- Daily Fitness, Nutrition and Wellness Messages (support Common Core State Standards)
- Learning and Fun Facts (“Talkables”) (support Common Core State Standards)
- Fitness and Wellness Cognitive Knowledge Assessments
- Physical Performance Checklist for Teachers
- Suggested Behavior Management and Discipline Model
- Daily Self-Reflection/Assessment Sheets
- Music Playlist of 200 songs, with specified school-appropriate versions
- National and California Standards for Physical Education and Health (MSIM program is Common Core by design)
- Suggestions for Creating Buy-In (including sample Parent and Community Newsletters)
- Suggested Equipment List and Designated Movement Area Schematic

Training, Support and Consultation

- In Person or Skype: Up to 4 hours
- Via telephone and email: support and consultation as needed throughout the school year to implement and support the program.

Customized School Logo

- MSIM will provide a digital file of the “[SCHOOL NAME] IN MOTION! - *Moving together every morning for healthier minds, bodies, and attitudes!*” logo. Schools have permission to use the logo on banners, t-shirts, water bottles and other team building and/or community building items.

Moving together every morning for healthier minds, bodies, and attitudes!

www.myschoolinmotion.org (310) 560-4686

